

# Become a Coach Fall 2010

## Become a Coach

Learn leading edge coaching skills which you will immediately put into practice. Join our next **Become a Coach** program and be part of the next generation of coaching excellence.

**\$1,495.00 + tax**

**Sign up by August 16th**  
for a complementary coaching  
session with one of our  
instructors

## Why Become a Coach?

To be an effective leader, you must be an effective coach....today's successful leaders engage the hearts and minds as well as the technical skills of their teams.

## How is Our Program Different from Other Coaching Programs?

Coaching Navigator offers a unique and powerful approach to coaching using the proven CARA™ process to help you become a more confident and skilled coach. Our **Become a Coach** training will help you to serve your clients in a more relaxed, conversational and effective manner.

## Fall 2010 Program

18 September, **Saturday**, 9 am-4:30 pm  
20 September, **Monday**, 6-9 pm  
27 September, **Monday**, 6-9 pm  
4 October, **Monday**, 6-9 pm  
16 October, **Saturday**, 9 am-4:30 pm  
18 October, **Monday**, 6-9 pm  
25 October, **Monday**, 6-9 pm  
1 November, **Monday**, 6-9 pm

**12 modules**  
**more than 30 hours of**  
**training**

## You will leave this program knowing how to:

- Be present
- Coach with confidence
- Ask powerful questions
- Develop potential in others
- Get better results in less time
- Build rapport
- Create safety and trust
- Use pauses masterfully
- Keep your client on track to maximize results
- Listen to what is and is not being said
- Attract clients
- Market yourself
- Define what makes you unique as a coach
- Champion your client

## What to Expect

Our program offers a practical blend of coaching theory and hands-on exercises to help you develop a strong foundation that will allow you to **build your coaching practice with courage and confidence**. Our **low teacher/student ratio** ensures that you get timely, detailed and precise feedback during coaching practice sessions (triads).



### **This program was designed for:**

- Organizational development and HR professionals, counselors, teachers, social workers, or others who would like to use coaching skills in their work
- NLP practitioners who want to learn how to coach clients
- Business or sales managers who want to increase their leadership and enhance productivity
- Facilitators and conflict resolution specialists who want to learn the unique art of conversational change

Coaching skills are essential in times of change to calm anxieties and maintain employee engagement. Integrating these skills in your organization will help to reduce stress and employee turnover, and increase employee satisfaction and overall performance.

# Are You Ready For a Change?



## Coaching Navigator

*Navigating Change with Courage and confidence*

8 Sweetnam Dr., Ott, ON,

Canada, K2S 1G2

Ph: 613.836.1215 X 4

Cell: 613.229.7435

**[www.coachingnavigator.com](http://www.coachingnavigator.com)**